



# 2023 Zambia Testing Program Report

November 2023

## 1.0 Background

Out-Of-Competition (OOC) and In-Competition (IC) tests remains an integral aspect of fighting doping in sport world over. Without conducting of tests, the athletes may become complaisant and careless in the manner they train and compete. As such they are subjected regular tests. IC tests are organized by event organizers of events at regional or continental or international confederation or country level. While OOC tests are prerogative role of each member country. It demands financial commitment from member countries. Each test costs US\$600. However, Zambia has not performed well in this endeavour and total dependency on the WADA Grant tests has continued to be the order of the day. There is great need to set funds aside in the 2024 for OOC testing it is a compliant issue, and the country is expected to continue improving in every aspect of anti-doping.

## 2.0 WADA Testing Grant

- 2.1 The Out -of-Competition Testing (OOCT) Program is a key component in the overall doping control testing activities of the Africa Zone VI RADO. The bulk of the OOCT is funded through the World Anti-Doping Agency (WADA) Testing Grant. The cost items of the program that are met by the WADA Testing Grant are as follows:
  - 2.1.1 Sample Collection Equipment
  - 2.1.2 Courier costs
  - 2.1.3 Laboratory Analysis costs
  - 2.1.4 Doping Control Officer (DCO) and Chaperone fees.
  - 2.1.5 Other costs related costs pre-approved by WADA.
- 2.2 The WADA Testing is meant to support and supplement the activities of member countries in terms of their OOCT programs.
- 2.3 The country has a responsibility to budget for its own OOCT programs. However, this has not been the case.

### 3.0 Preparations for 2023 OOCT Testing Program

- 3.1 Email circular was sent out on 01 November 2022 to member countries requesting or the submission of;
  - 3.1.1 Risk Assessment (RA) information
  - 3.1.2 Test Distribution Plans (TDPs)
- 3.2 The overall aim and objective of the 2023 OOCT program was to test as many athletes as possible from the region in the build -up to the 2024 Summer Olympic and Paralympic Games who had qualified or had the potential to qualify for the World Athletics Championships in August 2023 (Budapest, Hungary).

- 3.3 All eligible member countries failed to meet the deadline of 30 November 2022 set by the RADO Office, considering the need to submit the RA documents and the regional Test Distribution Plan (TDP) to WADA. The RADO Office embarked on concerted follow-ups in early 2023 with member countries for submission of the relevant information with very little progress being made. Angola and Ghana were removed from the 2023 Out-of-Competition Testing program after failing to meet the revised deadline of 31 January 2023 for the initial submission of their RA and TDP.
- 3.4 As a country we have continuously been urged to budget and mobilize our own resources to support our own national Out-of-Competition Testing Program. However, to date, the country has not had a meaningful testing program outside the WADA Grant Out-Of-Competition Testing funding.

## 4.0 Progress Report

- 4.1 In the period under review November 2022 to November 2023 only Six (6) countries (Eswatini, Lesotho, Malawi, Mozambique, Namibia, Zambia Zimbabwe) had managed to undertake out-of-competition doping control tests under the 2023 WADA Testing Grant Program as outlined below:
- 4.2 WADA Testing Grant:

Date / Country	Descriptio n of testing (In- / Out- of- competitio n, etc.)	Number of Tests	Sport- Discipline s Tested	Special Analysis Done Types of specific analyses conducted (# of ERAs GHRF, IRMS)	Financ ial Status	Analysis Results
Eswatini /	OOCT	10	Athletics		All	All
			Sprints		Costs	Negative
14 October			400m or		for WTG	
2023			less,		WIG	
2023			Boxing,			
			Cycling			
			(Road)Swi			
			mming &			
			Taekwond			
			o– Sprints			

			400m or			
			less (1)			
			Boxing			
Lesotho / 2 Jul 2023	ООСТ	4	Football		All Costs for WTG	All Negative
4 Sep 2023	ООСТ	4	Boxing	1-U2-ESAs 2 -GHRFs	All Costs for WTG	All Negative
<b>Malawi</b> / 11 Aug 2023	OOCT	1	Athletics – Middle Distance 800- 1500m or less	1-ERAs	All Costs for WTG	Negative
	OOCT	1	Netball		All Costs for WTG	Negative
Mozambique/ 12 August 2023	ООСТ	2	Canoe		All Costs for WTG	All Negative
14 August	оост	2	Basketball	1-ERAs 1-GHRFs	All Costs for WTG	All Negative
19 August 2023	ООСТ	1	Para- Athletics	1-GHRFs	All Costs for WTG	All Negative
19 August		2	Football	1-ERAs 1-GHRFs	All Costs for WTG	All Negative
2023	OOCT	2	Beach Volleyball		All Costs	All Negative

<b>Zambia /</b> 01 Sep 2023					for WTG	
	OOCT	4	Boxing	1-ERAs 1-GHRFs	All Costs for WTG	All Negative
Zimbabwe / 09 Aug 2023	ООСТ	3	Athletics – Long Distance 3000m or more	3-ERAs	All Costs for WTG	All Negative
	ООСТ	5	Hockey	1-ESAs 1-GHRFs	All Costs for WTG	All Negative

Total Tests 41

## 5.0 Other Testing Initiatives

5.1 The Africa Zone VI RADO has collaborated with member countries and international federations on various In-competition as well as Out-of-Competition testing programs. All costs for the testing missions have been met by the clients. Testing has been undertaken in Angola, Botswana, Namibia, Zambia and Zimbabwe as follows:

Date / Country	Descrip tion of testing (In-/ Out- of- competit ion, etc.)	Number of Tests	Sport- Disciplines Tested	Special Analysis Done Types of specific analyses conducte d (# of ESA, GHRF, IRMS)	Financial Status	Analysis Results
<b>Angola</b> / 8-9 Apr 2023	IC	10	Judo	1-ERAs 1-GHRFs	All Costs for the client	All negative

4 May 2023	IC	6	Swimming Sprint 100m or les	1-ERAs 1-GHRFs	All Costs for the client	2-AAF
Botswana/ Jan- Oct 2022	IC	118	Athletics, Para- Athletics Football, Motorcycle racing, Rugby, Softball	Various	All Costs for the client	10-AAF
	ООСТ	25	Athletics, Football & Volleyball			1-AAF
<b>Ghana /</b> 6-12 Sep 2023	IC	12	Wheelchair basketball		All Costs for the client	
<b>Namibia /</b> 10 Feb 2023	OOCT	1	Para- Athletics (IPC funded)		All Costs for the client	Negative
29 Apr 2023	ООСТ	2	Cycling		All Costs for the client	Negative

Total 174

## 5.2 **SAIDS African Games Testing Support Program**

Date / Country	Description of testing (In- / Out- of- competition, etc.)	Number of Tests	Sport- Disciplines Tested	Special Analysis Done Types of specific analyses conducte d (# of ERAs GHRF, IRMS)	Financial Status	Analysis Results
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Zambia May 2023	IC	23	CAA athlete	Cost by Zambia and SAIDS	Not yet
Mozambique / 14 October 2023	OOCT	12	Athletics Sprints 400m or less, Boxing, (Road)Swi mming	Costs shared by SAIDS and the RADO	All Negative

Total 35

#### 6.0 Observations

- 6.1 Improvements in the implementation of the Out-of-Competition Testing (OOCT) Program under the WADA Testing Grant is required. Individual video-conference sessions were undertaken with selected Member Country Representatives (MCRs) and their teams to clarify issues pertaining to the Risk Assessment (RA) and Test Distribution Plan (TDP) template. However, there is still more work to be done in terms of:
  - 6.1.1 responsiveness of MCRs to communication from the RADO Office pertaining to the OOCT. This has resulted in failure by member countries to provide the required RA and TDPs within the stipulated timeframe.
  - 6.1.2 Consultations with local stakeholders to ensure accuracy of the of the information submitted for the RA and TDP for each country.

## 7.0 Recommendations

- 7.1 The collation of RA and TDP information is not individual responsibility of Member Country Representative (MCR) alone because of the diverse information required to have an accurate and coherent country position on the matter. It is therefore important that MCRs quickly consult with Sports Councils/ Commissions and National Olympic Committees (NOCs) to meet stipulated deadlines to avoid delays in implementation of the OOCT programs in line with WADA guidelines.
- 7.2 Member Country Representative (MCR) is responsible for sourcing funding from the various ministries responsible for sport for national doping control testing programs for 2024. To this end, there is great need for the country to support the OOC testing activities. The WADA Testing Grant has been put in place to complement what member countries are already doing in terms of Out-of-Competition testing.

7.3 MCR is responsible for providing the collaborative leadership at national level to ensure collective engagement of key stakeholders in the national testing program. Furthermore, the MCR will continue providing impactful advocacy for the national testing program to meet Code compliance requirements. The RADO Office is responsible for providing support for the afore-mentioned initiatives by individual MCRs in their countries, following their lead in these issues.

#### 8.0 Conclusion

The country needs to remain compliant to both the UNESCO Convention against doping sport and the WADA Code. However, this can only be fulfilled if Members countries like Zambia is supported with financial and material necessities.