



ZAMBIA



commonwealth  
games  
ZAMBIA

# 2023 EXECUTIVE REPORT



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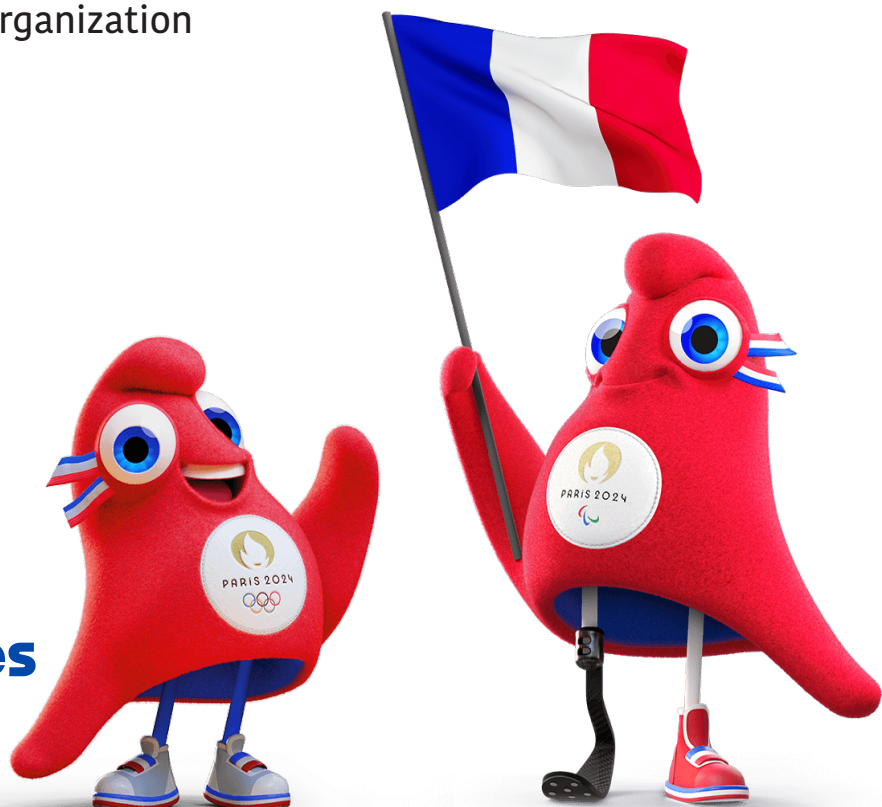
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# Abbreviations and Acronyms

<b>ANOC</b>	Associations of National Olympic Committees
<b>ANOCA</b>	Associations of National Olympic Committees of Africa
<b>AUSC</b>	Africa Union Sports Council
<b>CGA</b>	Commonwealth Games Association
<b>CGF</b>	Commonwealth Games Federation
<b>IOC</b>	International Olympic Committee
<b>NF</b>	National Federation
<b>NIF</b>	Norwegian Olympic and Paralympic Committee and Confederation of Sports
<b>NOC</b>	National Olympic Committee
<b>NOCZ</b>	National Olympic Committee of Zambia
<b>NORAD</b>	Norwegian Agency for Development
<b>NOWSPAR</b>	National Organization for Women in Sports Physical Activity and Recreation
<b>OS</b>	Olympic Solidarity
<b>OSO</b>	Olympic Sport Organization
<b>SIA</b>	Sport In Action

**Road to  
Paris 2024  
Olympic Games**



# President's Message



It is with great pride that I present the 2023 Executive Report of the National Olympic Committee of Zambia (NOCZ). The past year has been a remarkable journey filled with achievements, challenges, and unwavering commitment to promoting the Olympic and Commonwealth Sport movements in our nation.

We commenced 2023 by conducting a comprehensive review and evaluation of Team Zambia's performance at the Birmingham 2022 Commonwealth Games. This post-mortem exercise provided invaluable insights and paved the way for strategic planning and improvements.

The year was marked by numerous stakeholder engagements, both locally and internationally. We had the privilege of meeting with the Minister of Youth, Sport and Arts, hosting evaluations by the Association of National Olympic Committees of Africa (ANOCA) and the International OlympAfrica Foundation, and welcoming delegations from National Olympic Committees of Norway and Botswana. These interactions strengthened our partnerships and opened doors for future collaborations.

One of the highlights of 2023 was Zambia hosting the prestigious Commonwealth Games Federation (CGF) Africa Regional Meeting. We welcomed delegates from 19 Commonwealth Games Associations across Africa, led by CGF President Dame Louise Martin and Regional Vice President Miriam Moyo. This event showcased our nation's capabilities and reaffirmed our commitment to the Commonwealth sport movement.

We were delighted to welcome Ms. Daisy Kopolo to the NOCZ Board, entrusting her with the crucial role of overseeing our marketing and fundraising endeavours. Her expertise will undoubtedly contribute to the growth and sustainability of our organization.

Despite facing a few challenges, NOCZ ensured Zambia's participation in the Trinbago 2023 Commonwealth Youth Games sending a team of seven young athletes and the Hammamet 2023 African Beach Games in Tunisia where Zambia was represented by a team of 26 athletes.

On the sidelines of the games in Tunisia,

we signed a partnership that saw NOCZ receive \$100,000 from the Association of National Olympic Committees of Africa (ANOCA) towards the construction of the Olympic House in Lusaka. This project is a testament to our dedication to creating a world-class facility for our athletes and the sports fraternity. Continuous engagements with stakeholders are underway to realize this vision.

2023 was a year of remarkable sporting achievements for Zambian athletes. From Muzala Samukonga clocking the world's leading time in 400m, to the Copper Queens making their historic debut at the FIFA Women's World Cup in Australia and New Zealand, and boxing sensation Patrick Chinyemba qualifying for the Paris 2024 Olympic Games to name just a few, our athletes have made us immensely proud.

As we conclude 2023 and look ahead to 2024, NOCZ remains steadfast in its vision of becoming a leading National Olympic Committee globally, excelling in promoting Olympism and fostering sporting excellence.

In conclusion, I extend my profound gratitude to the NOCZ Board for their visionary leadership, and to the capable Secretariat, headed by Secretary General Boniface Kambikambi, for their diligent efforts in steering our organization forward. I am equally indebted to our volunteers, stakeholders, and partners, whose unwavering support has been the bedrock of our continued success.

With the Olympic year of 2024 on the horizon, I am filled with a sense of excitement and anticipation. This momentous occasion presents an unparalleled opportunity for our nation to showcase its sporting prowess on the global stage. As we embark on this journey, I am confident that the collective spirit, resilience, and determination of the Zambian sports fraternity will propel us to new heights of excellence.

Let us embrace the Olympic year of 2024 with a renewed sense of purpose and unity, rallying behind our athletes and supporting them every step of the way. For it is through our collective efforts that we will pave the way for a brighter future for sports in Zambia.

**Alfred Foloko | President**  
**National Olympic Committee of Zambia**

# Secretary General's Message



It is my pleasure to present the Secretary General's Message for the 2023 Executive Report of the National Olympic Committee of Zambia (NOCZ). The year has been marked by several significant achievements and milestones that have shaped our operations and advanced our objectives as an organization.

In line with the Sustainable Development Goal 3 (SDG 3), which focuses on promoting good health and well-being, we hosted the "Learn to Play" session. This initiative introduced children under the age of 15 to various sports, including judo, boxing, and baseball, with sessions led by accomplished Zambian athletes. This program aimed to inspire a love for physical activity and cultivate a culture of active living among the youth.

As per tradition, we commemorated the 2023 Commonwealth Day and Olympic Day, emphasizing the introduction of sports to children while promoting the important nexus between sports and the environment. These events fostered a sense of community and raised awareness about the vital role of sports in personal and societal well-being.

Through our collaboration with the National Paralympic Committee, we facilitated the participation of three athletes and three coaches in the GAPS Africa Training Camp organized by the Commonwealth Games Federation in Cape Town. This opportunity provided invaluable exposure and experience for our para-athletes and coaches.

Staying true to our key role of supporting capacity development for coaches, administrators, technical officials, and other sports practitioners, as outlined in the NOCZ Strategic Plan 2022-2028, we hosted various initiatives. In partnership with the Zambian Hockey Association, we conducted a Hockey Level 2 Coaching Course. Additionally, we launched the first cohort of the Advanced Sports Administration Course and supported five affiliate national federations in formulating their strategic plans to guide their development.

We collaborated with the National Organization for Women in Sport, Physical Activity, and Recreation

(NOWSPAR) to host a capacity-building workshop on gender and safeguarding in sports. This initiative underscored our commitment to creating an inclusive and safe environment for all participants. The annual NIF Partners Inclusive Sports Festival adopted a new format, with activities taking place in Solwezi, Livingstone, and Lusaka, attracting approximately 1,000 participants. This festival celebrated the power of sports to bring communities together and promote social cohesion.

Furthermore, we hosted the 4th General Secretaries Seminar, certified 15 new sports administrators through the Sports Administration Course, and conducted a Safe Sport Policy Orientation for trained SafeSport Points of Contact from various federations. NOCZ supported various athletes and their respective federations in participating in international engagements, including the Seventh Commonwealth Youth Games in Trinidad and Tobago and the Second African Beach Games in Tunisia. These experiences provided invaluable exposure and opportunities for our athletes to compete on the global stage.

As we look forward to 2024, NOCZ will work tirelessly to ensure that Team Zambia is fully prepared from all angles for the Paris 2024 Olympic Games. We call upon all stakeholders to support our athletes before, during, and after this prestigious event, as their unwavering commitment and dedication represent the spirit of our great nation.

I extend my sincere gratitude to the NOCZ Board, led by President Alfred Foloko, and the Board members who chair and support various commissions under the NOC/CGA. Their strategic guidance and oversight have been instrumental in our progress. I also thank our dedicated secretariat staff members for their hard work and commitment.

Moreover, I am grateful to our volunteers, partners, and stakeholders, whose continuous support and contribution have been vital to the growth and development of sports in Zambia.

As we look ahead, we remain committed to strengthening these invaluable partnerships and forging new collaborations to further elevate the sporting landscape in our nation.

**Boniface Kambikambi | Secretary General  
National Olympic Committee of Zambia**

# Who We Are:

The National Olympic Committee of Zambia (NOCZ) is the National Olympic Committee recognized by the International Olympic Committee (IOC) pursuant to the Olympic Charter and is the Commonwealth Games Association recognised by the Commonwealth Games Federation.

As of December 2023, its membership is comprised of 30 affiliated members sports associations/federations representing Olympic and non-olympic sports.

**OUR PRINCIPLE ORGANS ARE:**

- (i) The Olympic Council
- (ii) Executive Board
- (iii) Secretariat; and
- (iv) Commissions

In fulfilment of our mandate, NOCZ is guided by its Constitution, Olympic Charter, Olympic Agenda 20+5, Olympic Quadrennial Plan (2021-2024), Commonwealth United Strategic Plan (2023-2034) and its Strategic Plan (2022-2028).

The Key performance areas guiding the programming and implementation of the NOCZ Programmes over the current quadrennial (2022-2025) whose results and effects are highlighted in this report are:

- (i) Athlete Development and Support
- (ii) Organisational Effectiveness and Sustainability
- (iii) Business Development
- (iv) Olympism and Olympic Values Education

## Mission

We promote Sport, Olympism and Commonwealth Values through sustainable programmes for our stakeholders.

## Vision

A leading NOC globally in Excellence and promotion of Olympism.

## Core Values

Equity, Respect, Integrity, Excellence, Teamwork Commitment

# Our Executive Board



**Left to Right:** President Alfred Foloko, Vice President Hazel Kennedy, Secretary General Boniface Kambikambi, Treasurer Victor Banda, Daisy Kopolo, Dickson Jere, Susanna Dakik, Rodrick Ndhlovu, Mutale Masala, John Zulu (Government Representative) and Richard Mulenga (Athletes Commission).

# Our Commissions

S/N	Commission	Chairperson
1	Athletes	Richard Mulenga
2	Finance & Admin	Victor Banda
3	Legal & Ethics	Dickson Jere
4	Gender Equity	Susanna Dakik
5	Marketing & Fundraising	Daisy Kopolo
6	Medical	Dr. Titus Fernando
7	National Olympic Academy	Hazel Kennedy
8	Safe Sport	Gloria Mubita
9	Sport & Environment	Susanna Dakik
10	Technical	Boniface Kambikambi

## Our Secretariat



Left to Right: Head of Secretariat Boniface Kambikambi, Administration Officer Gloria Makungu, Accounts Officer Chaelelwa Kazika, OlympAfrica Programmes Officer Tinyiko Kamanga, Safe Sport Officer Prudence Nswana, Programmes Officer Chipso Mulenga, Media & Communications Officer Felix Munyika, Accounts Intern Nkhai Chunda, Sustainability Projects intern Selida Chileshe, Office Assistant Francis Mwansa and OlympAfrica Centre Care taker Jabess Zulu.

## Our Members

S/N	Association/Federation
1	Badminton Association of Zambia
2	Chess Federation of Zambia
3	Cycling Association of Zambia
4	Football Association of Zambia
5	Handball Association of Zambia
6	Judo Association of Zambia
7	Netball Zambia
8	Skate Association of Zambia
9	Squash Association of Zambia
10	Taekwondo Association of Zambia
11	Teqball Association of Zambia
12	Triathlon Zambia
13	Wrestling Association of Zambia
14	Zambia Athletics
15	Zambia Basketball Federation

S/N	Association/Federation
16	Zambia Boxing Federation
17	Zambia Bowling Association
18	Zambia Hockey Association
19	Zambia Golf Union
20	Zambia Table Tennis Association
21	Zambia Tennis Association
22	Zambia Martial Arts Federation
23	Zambia National Equestrian Federation
24	Zambia Baseball & Softball Association
25	Zambia Rugby Union
26	Zambia Rowing and Canoeing Association
27	Zambia Swimming Union
28	Zambia Weightlifting Federation
29	Zambia University Sports Association
30	Zambia Volleyball Association

## Connect With Us:

@NOC\_Zambia



[www.nocz.org](http://www.nocz.org)

# INTRODUCTION

Dear Valued Stakeholders,

It is with great pleasure that we present to you our Executive Report for the year 2023. This comprehensive document highlights the key achievements, challenges, and strategic initiatives that shaped our organization's journey over the past year.

Despite the uncertainties faced, our team remained resilient and adaptable, leveraging our strengths to drive growth and innovation. We are grateful for the unwavering support of our members, partners, and stakeholders, which has been instrumental in our success.

As you explore this report, you will gain insights into our accomplishments, lessons learned, and future plans aimed at propelling our organization to new heights of excellence.

We look forward to your continued partnership as we strive to create lasting value for all our stakeholders.



# 2023 Activity Highlights

## ADMINISTRATIVE

The Executive Board held a total of three board meetings during the year 2023. The 2023 Annual General Meeting was held in April and saw the Olympic Council unanimously ratify the membership applications of the Zambia Golf Union and Wrestling Association of Zambia, in addition to appointing Ms. Daisy Kopolo as a Board Member in charge of the committee's marketing and fundraising efforts.

The Secretariat offices were opened on the 9th of January 2023 after the 2022 festive break. The Secretariat was reinforced with two interns.

Firstly, Ms. Nkhai Chunda Ntanda as an accounts intern. Her role is to support the preparation of audits, assist in cleaning and reorganizing financial data files, and manage other tasks of a clerical nature.

Secondly, under the Commonwealth Sport Foundation Equip Internship Programme, Miss Selida Chileshe was engaged as the new intern under the Sustainability Projects Portfolio for a 12-month program from October 2022 as part of our efforts to address environmental sustainability issues. Miss Chileshe is an Environmental Studies graduate from Mulungushi University.

## OLYMPIC SOLIDARITY PROGRAMMES

### NOCZ Leadership Visits LNOC for Exchange Programme | 25 - 26 January 2023



A delegation from Zambia made up of the President of the National Olympic Committee of Zambia, Alfred Foloko, and the Secretary General, Boniface Kambikambi, visited the Lesotho National Olympic Committee (LNOC) in order to interchange knowledge and best practices in the management of the NOC as part of a benchmarking initiative to enhance partnerships as well as interact and learn from each other. The programme targeted enhancing the governance structure and sharing knowledge on some of the operational best practices.

LNOC President Tlali Rampooana led the Zambian officials on a visit to the Afriski resort in the Maluti Mountains, one of only two ski resorts in southern Africa. The Zambian delegation met with the resort management with a view to collaborating on a Winter Games programme.

### Hockey Level 2 Technical Course | 2-12 March 2023

The Zambia Hockey Association (ZHA) in partnership with NOCZ through the Olympic Solidarity held a Hockey level 2 technical course for coaches for 10 days, the workshop attracted 20 young and enthusiastic coaches from across Zambia.

The 10-day course was conducted by Maggid Abu-Talib, an experienced Hockey Technical Expert from Egypt, who offered presentations and group discussions that kept the coaches engaged during the training. The workshop provided a valuable platform for coaches to share ideas and gain knowledge and experience that will help them develop the sport in Zambia.



## 2nd ANOC Technical Directors Seminar 18-21 March 2023



NOCZ Secretary General Boniface Kambikambi participated in the second Association of National Olympic Committees of Africa (ANOCA) Technical Directors Seminar, which took place in Jordan from 18-21 March 2023.

Kambikambi was among the representatives from 37 NOCs who participated in the meeting and contributed to the constructive and interactive discussions on four key subject areas: Lessons learned from Tokyo 2020 and Beijing 2022, sports calendar and qualification systems for the Olympic Games and continental games, safeguarding, and social media.

The seminar built on the success of the first edition held in Sintra, Portugal, in November 2022 and was structured into presentations and smaller group workshops to promote the exchange of ideas and experiences.

## IOC Immersion programme | 5-16 June 2023

NOCZ Accounts Officer Chaelelwa Kazika took part in the 2nd edition of the IOC Immersion Program in Switzerland, running from 5th to 16th June 2023. This unique program provides participants with an opportunity to gain insights into the operations of the IOC while also sharing their expertise and best practices with IOC employees in similar roles and responsibilities.

As part of the programme, the participants had the privilege of visiting the headquarters of the Association of National Olympic Committees (ANOC). ANOC warmly welcomed representatives from various NOCs, including Clarisse Ingabire from the NOC of Rwanda, Ranoë Samlal from the NOC of Suriname, Asiani Vagi from the NOC of Papua New Guinea, Chaelelwa Kazika from the NOC of Zambia, Ali Al-Busafi from the NOC of Oman, and Márk Bodaki from the NOC of Hungary.

## Launch of The Advanced Sports Management Course | 14 May 2023



NOCZ launched the first intake of the Advanced Sports Management Course (ASMC) for sports administrators from various sports organizations. The course, conducted in collaboration with Olympic Solidarity, was a seven-month diploma course that provided participants with the skills and knowledge they need to effectively manage sports organizations at all levels.

The first session of the course commenced in May and ran all the way through November 2023. After graduation, the participants are expected to help resolve sports aspects in their respective organizations.

The 2023 course attracted 22 participants from affiliate federations and sports directorates, including Zambia Air Force, Zambia Police Service, Zambia Correctional Services, Handball Association of Zambia, Judo Association of Zambia, Netball Association of Zambia, Triathlon Zambia, Badminton Association of Zambia, Zambia Tennis Association, Zambia Volleyball Association, Chess Federation of Zambia, Zambia Boxing Federation, Zambia Basketball Association, OYDC Sports Development Center, Ministry of Youth, Sport and Arts, National Sports Council of Zambia, and the National Olympic Committee of Zambia.

The visit to ANOC provided an excellent opportunity for the participants to gain insights into the organization's values, commitments, and various activities and projects. They appreciated the valuable information shared about ANOC's Sustainability Initiatives, communication strategy, including the launch of the ANOC.tv streaming platform, and the support programs available for NOCs, such as the partnership with Seoul National University and the Digital Accelerator Programme.

## National Federation Media Engagement Forum | 16 June 2023

The NOCZ successfully hosted the National Federation Media Engagement Forum, which aimed to empower national sports federations by providing them with valuable insights and strategies for effective media relations and utilization of social media platforms. The primary objective of the forum was to equip federation representatives with the knowledge and tools necessary to leverage media and social media channels for the growth and promotion of their respective sports.

The forum consisted of six sessions that covered various aspects of media engagement, such as Media Relations Strategies for Sports Federations presented by Dickson Jere, Social Media Best Practices by Felix Munyika, and Social Media Branding and Storytelling delivered virtually by Manoela Penna and Alexandre Branco from ANOC.

Macphersson Mutale, a University of Zambia (UNZA) lecturer in the Department of Media and Communications and UNZA Radio Station Manager, delivered a session on “A Country without Heroes” and conducting interviews.

The final session was a panel discussion on collaboration opportunities between federations and media outlets, which featured esteemed panelists from the Times of Zambia, Zambia Daily Mail, ZNBC, and Idy Sports & Entertainment based in Atlanta, Georgia, USA.

44 representatives from twenty-seven various federations and/or organizations attended the forum.



## NOCZ joins the World in ‘Let’s Move’ Campaign: 27 June to 1 July 2023



NOCZ through the OlympAfrica Centre in Lusaka joined the rest of the Olympic Sports Movement in commemorating the annual Olympic Day with activities running from June 27 to July 1, 2023. Under the theme “Let’s Move,” the weeklong activities engaged over 500 participants of various age groups and backgrounds.

The celebration commenced with a series of sporting activities, such as Baseball5, Taekwondo, Teqball, Netball, and Football. The festivities included workshops within local community schools and at the OlympAfrica Centre in Lusaka. The young leaders trained differently abled Children at Chainama Special School on Olympic Values Education Program (OVEP), imparting invaluable lessons on friendship, respect, and excellence in the children.

In an effort to educate the participants on combating carbon emissions and mitigate the adverse effects of climate change, participants participated in a tree planting exercise as a way of also promoting environmental sustainability.

The eco-conscious activity was carried out across different community schools, the OlympAfrica Centre, and the OYDC Zambia - Sports Development Centre.



## Phase 2 of the NF strategic plans development project | July – October 2023



The NOCZ took a significant step in supporting National Sport Federations by launching phase 2 of the National Federation Strategic Plan Formulation project. This phase of the project aimed at supporting five affiliate national sport federations/associations in strategic plan development in a bid to enhance their organizational effectiveness and overall performance.

During this phase, five National Federations were selected and successfully held workshops to develop their strategic plans with support from NOCZ-trained facilitators for strategic planning. They worked closely with NOCZ Board Member Mutale Masala, who was appointed the coordinator for this project, and Ms. Prudence Nswana from the Secretariat.

The following federations, namely Zambia Hockey Association, Cycling Association of Zambia, Zambia Martial Arts Federation, Zambia Table Tennis Association, and Zambia Weightlifting Federation, were supported with the development of their strategic plans during this phase between July and October 2023.

## Athletes Convene for their Annual Meet | 16 September 2023.

The NOCZ Athletes' Commission hosted its annual athletes' workshop on Saturday, 16th September 2023.

The workshop was attended by 40 participants from various affiliated national federations, witnessed a new workshop delivery format that included interactive presentations on the Olympic Values Educational Program, the Athlete365 platform, and a Mental Health in Sports Session delivered by Aers Global. Thereafter, the Commission received reports from the athlete representatives from the national federations present before a 'town hall'

## NOCZ AC hold Career Plus Workshop | 5 August 2023

The NOCZ Athletes' Commission hosted a workshop for Zambian athletes and Olympians in Lusaka on 5th August 2023.

The workshop focused on the self-discovery module and was facilitated by Kady Kanouté Tounkara OLY, an IOC Career+ Steering Committee Member and Lead Educator from Africa, hailing from Mali.

The workshop featured sessions on strengths and values, interests and skills, passion and impact, and purpose and planning. These sessions were informative and engaging, and the participants gained valuable skills that will assist them in their post-sports careers.

The workshop was highly successful, with 38 participants from various affiliated National Federations who left with a better understanding of themselves and their career goals. NOCZ expressed their gratitude to the IOC, Athlete365, and Kady Kanouté Tounkara OLY for making this workshop possible.



format discussion was held to discuss various issues and concerns raised by the athletes.



## IOC International Athletes' Forum | 1 to 2 October 2023

NOCZ Athletes Commission Chairperson Richard Mulenga attended the 11th IOC International Athletes' Forum held from 1 to 2 October 2023 in Lausanne, Switzerland.

The Forum brought together over 400 athlete representatives in one space to discuss the most important issues for athletes across the Olympic Movement. The two days of discussion and debate resulted in a series of outcomes, announced by the IOC Athletes' Commission (AC) afterwards.



## 4th NOCZ General Secretaries Seminar | 20-21 October 2023



The fourth NOCZ Seminar for General Secretaries from affiliated National Sports Federations was held from the 20th to 21st October 2023, in Lusaka under the theme: **“Competent Entourage, a Useful Resource in Sports.”** It included chief executives from partner sports organizations such as NOWSPAR, Sport in Action, Response Network, and Edusport Foundation.

The seminar, which was intended to build capacity on shared information and knowledge with a view to enhancing best practices in affiliated federations, was a success. The seminar also saw an interchange of concepts and ideas, as well as networking among participants.

28 affiliated members and five partners attended the seminar. Participants' responses to the seminar showed that 67% of the participants felt that the seminar was relevant, and 64% of the participants felt that the clarity and delivery of the seminar were excellent.

## Sports Administration Course | October – December 2023

NOCZ hosted a Sport Administration Course (SAC) delivered in two modules. Module 1 was held from 27-29 October 2023.

In Module 1, the participants covered a wide range of topics under the themes of Leadership of the Olympic Movement, The Olympic Games, Athlete Development and Support, Olympic Values, and Sport.

Module 2 took place from 1-3 December, at which participants completed the whole module, incorporating the remaining topics primarily around good governance, such as management skills, managing resources for an Olympic Sport Organization (OSO), managing sporting activities, and overall management of the OSO.

The course was facilitated by National Course Directors Mayamba Sitali, Isaac Mwape, and NOCZ Secretary-General Boniface Kambikambi, and sessions were delivered by capable facilitators such as NOCZ Treasurer Victor Bwalya Banda, Bessie Chelemu, among others.

Fifteen participants received certificates upon completion of the course.



## OS Regional Finance Forum | 1-2 November 2023

Olympic Solidarity (OS) organized a regional finance forum for African NOC's in Mombasa, Kenya, from 1-2 November 2023.

NOCZ was represented by a Board Member, who is also the Chairperson of the Marketing and Finance Commission, Ms. Daisy Kopolo, and the Accountant, Mr. Chaelelwa Kazika, at the Forum.

The Mombasa forum focused on basic accounting principles, financial management and governance, Olympic Solidarity policies and procedures, and good practices among certain NOCs. The forum involved presentations, group discussions, and online plenary/Q&A sessions. At the operational level, NOCs were grouped by their respective regions and working languages.

Experts at the forum provided OS guidelines on financial management to participants. These include the need to provide original documents, supplier invoices, bank statements, accounting records (such as registers, expense accounts), contracts with suppliers, payment slips, and tax documents, among others. NOCs need a software system to properly keep these documents.

## Athletes Commission Workshop | 4 November 2023



The NOCZ Athletes' Commission hosted a vital workshop for athletes from affiliated national sports federations, including para-athletes, on Saturday, 4th November 2023, in Lusaka.

The workshop was held under the theme “Mind, Body, and Soul: The Athlete as a Whole.”

It also included sessions on the fundamentals of sport, basic skills and conditioning, nutrition, mental health, and personal branding.

It was rewarding to see the level of participation and commitment from the athletes, who gave testimonials about how this workshop provided much-needed interaction and support. This workshop welcomed about 40 athletes from both Olympic and Paralympic sports.

## Weightlifting Technical Coaching Course | 9-16 December 2023

The Zambia Weightlifting Federation (ZWF) completed the Level One Technical Coaching Course on 16 December, which took place at the OYDC Zambia - Sports Development Centre and ran from 9-16 December 2023.

The course, consisting of theoretical and practical sessions, was facilitated by Dr. Kyle Pierce, a member of the Coaching and Research Committee of the International Weightlifting Federation (IWF) and Professor in the Department of Kinesiology & Health Science at Louisiana State University in Shreveport.

NOCZ supported the course with funding through the Olympic Solidarity Program and attracted 21 participants.

It is worth noting that the coaching course saw representation from across the country and had a good number of female coaches in attendance. It is hoped that they will utilize their newly acquired knowledge to widen their competencies and service delivery by looking at available opportunities to provide support to other sports countrywide by delivering strength and conditioning sessions.



# COMMONWEALTH SPORT PROGRAMMES

## Birmingham 2022 Games Post-mortem meeting | 21 January 2023



The Games Management Team for the Birmingham 2022 Commonwealth Games, in collaboration with the Secretariat, held a post-mortem meeting for the Birmingham 2022 Commonwealth Games at the OYDC Zambia - Sports Development Centre. At the meeting, the Chef de Mission Mr. Victor Banda presented a report to the attendants, who included representatives from the sports that competed at the Games: Athletics, Badminton, Boxing, Judo, Para-powerlifting, Rugby, Squash, and Swimming, as well as representatives from CGA Zambia's Technical and Athletes Commission and the CGA Zambia Board.

The meeting aimed to evaluate different areas such as preparations, travel logistics, and Team Zambia's performance to identify areas where they excelled and areas that need improvement. It also provided an opportunity for team members to come together and discuss the competition, share their experiences, and build stronger relationships. Coaches present were also able to provide feedback on athletes' performance and give suggestions to improve their performance. Recommendations were drawn based on the experiences from the Birmingham Games, which will be applied to future Games as agreed upon by everyone present.



## Commonwealth Day | 18 March 2023

The 2023 Commonwealth Day was hosted by Trident Prep Lusaka under the theme "Forging a Sustainable and Peaceful Common Future." It attracted a gathering of dignitaries, students, teachers, and parents. The event was graced by the presence of the British High Commissioner to Zambia, H.E. Nicholas Woolley, who highlighted the importance of the Commonwealth and the common values that bind the 56 sovereign and independent nations together.

The event was centered on sports and the environment and included fun activities for the children, showcasing different sports equipment made from recycled materials, which were later used in some of the sports activities, tree planting, and environmental conservation activities.

The 2023 Commonwealth Day celebration at Trident Prep Lusaka was a resounding success, underscoring the importance of shared values, sports, and the environment in promoting sustainable development and peace. The event brought together 150 students, teachers, parents, and dignitaries to celebrate the global family that shares common goals, values, and aspirations.



## 2023 GAPS Africa Camp | 15-22 march 2023



Zambian Para-Athletes namely Salome Namukonda, Gift Nkuwa, and Mercy Chinyanta, accompanied by coaches Edwin Wasamunu, Musonda Chiwela, and Sharon Kabwe participated in the 2023 GAPS Africa Training Camp hosted the Commonwealth Games Federation in Cape Town South Africa from 15-22 March 2023

Zambia’s participation in the training camp was made possible through the collaboration between CGA Zambia, and the National Paralympic Committee of Zambia (NPCZ). Together, they identified the potential of talented para-athletes and coaches who could benefit immensely from the GAPS Africa program. Subsequently, an application was submitted to ensure Zambia’s inclusion in the program.

Gift Nkuwa, competing in field events Discus and Shotput, emerged victorious, securing two medals while Salome Namukonda also displayed her exceptional talent, earning a well deserved medal in the same events.

This training camp served as a pivotal platform for the development of athletes and coaches in preparation for the highly anticipated Trinbago 2023 Commonwealth Youth Games.

## CGF Africa Regional Meeting | 13-14 April 2023

Zambia recently had the honour of hosting the 2023 CGF Africa Regional Meeting from 13-14 April 2023, which marked the first of four Commonwealth Sport Regional meetings. The event, held in Livingstone, the tourist capital of the country, attracted delegates from across Africa and beyond.

The meeting was led by Dame Louise Martin, the President of the Commonwealth Games Federation (CGF), and focused on planning, development, and future events in the region.

Commonwealth Sport officials such as Miriam Moyo, CGF Regional Vice President for Africa,

and senior members of the CGF’s management team were in attendance, along with representatives from 19 Commonwealth Games Associations (CGAs) across Africa. The Southern Province Minister, Honourable Cornelius Mweetwa, graced the occasion on behalf of the Republican Vice President, W.K. Mutale Nalumango.

The agenda was dedicated to discussions surrounding the new Commonwealth Sport strategic plan, a presentation from the Trinbago Commonwealth Youth Games Organising Committee, an update on the 2030 process, including the 2023 general assembly and constitutional review, among other relevant topics.





## Climate Games Changers Project | 19 May 2023



The CGA Zambia, with support from the Commonwealth Games Federation through the Commonwealth Sport Foundation, partnered with the Wildlife and Environmental Conservation Society of Zambia (WECSZ) to deliver training for secondary school pupils aimed at harnessing the power of sport to raise awareness about climate change and promote environmental sustainability among young people as part of the Game Changers Initiative.

During the 5-week learning sprint, 87 students and teachers engaged in educational sessions on climate change and its impact on the environment, the Commonwealth Sport Movement, and how sports can be leveraged to raise awareness about climate change. Upon completion of the training, the schools involved will be expected to establish Climate Action Clubs, conduct awareness and educational sessions with peers, and host activities to teach sustainability, among other initiatives.

Participants from the schools, namely Roma Girls Secondary, Libala Secondary, Kabulonga Secondary School, Nyumba Yanga, and Kaunda Square Secondary School, were certified as climate game changers during a vibrant ceremony held at Kabulonga Boys Secondary School on Friday, 19th May 2023.



## Trinbago 2023 Commonwealth Youth Games | 4-11 August 2023

Zambia joined the rest of the Commonwealth Sport Movement at the Trinbago 2023 Commonwealth Youth Games, which took place between August 4 and 11 on the islands of Trinidad and Tobago, featuring athletes aged 14-18 years. The event, officially known as the VII Commonwealth Youth Games, had seven sports, including Athletics, Aquatics, Cycling, FAST5 Netball, Rugby Sevens, Triathlon, and Beach Volleyball, with over 1000 athletes participating.

The Team Zambia delegation, led by Chef de Mission Susanna Dakik, comprised seven athletes and six officials, namely Jade Phiri and Zach Moyo – Swimming, Gift Puteho and Vanessa Matende – Cycling, Joshua Mpaza, Luyando Gamela, and Abraham Kaluba – Athletics.

The team officials included Gloria Makungu as Team Administrator, Ian Stephenson as Swimming Coach, Kezzias Nyendwa as Athletics Coach, and Eugene Kasempa as Cycling Coach.

During the games, Jade Phiri set a new national record in the Women's 50m Butterfly, and Vanessa Matende became the first female cyclist to compete at the Commonwealth Youth Games for Zambia.



## eqUIP Internship Orientation Workshop | 9-10 October 2023



CGA Zambia continues to participate in the eqUIP internship programs under the Commonwealth Games Federation.

In 2023, we bid farewell to Caroline Chinyanta, our former Assistant Communications and Marketing Officer, as she completed her internship placement.

During the same period, we welcomed our eighth intern since the programme commenced, Selida Chileshe, our new intern as part of the same program. Chileshe, an Environmental Studies graduate from Mulungushi University, has taken up the role of Sustainability Projects Officer. Following her addition to the CGA Zambia Team, she attended an orientation workshop hosted by the CGF in Botswana from 9-10 October 2023.

The eqUIP Internship program is an initiative of the Commonwealth Sport Foundation (CSF) that runs in partnership with various universities in the six continental regions of the Commonwealth. The program aims to build capacity in Commonwealth Games Associations (CGAs) through a paid internship program, developed in partnership with local universities as part of the CSF's global development program. It creates mutually beneficial opportunities for the intern and the host CGA - developing the skills of young leaders as they deliver special projects which directly benefit the host CGA.



## CGF General Assembly | 14-15 November 2023

CGA Zambia leadership, led by President Alfred Foloko, Vice President Hazel Kennedy, and Secretary General Boniface Kambikambi, attended the 2023 CGF General Assembly held from 14-15 November 2023, in Singapore.

The General Assembly brought together the CGF's members to review activities, drive progress, and inspire change. The 2023 assembly included interactive workshops, presentations, and strategic activity updates. Dame Louise Martin presided over her last assembly as President after completing two terms.

The CGF General Assembly also marked the end of former CGA Zambia President Miriam Moyo's final term as Regional Vice President for Africa after eight years of service.

A new CGF Executive led by the newly elected president, Chris Jenkins OBE, was voted in during the General Assembly.

- **President: Chris Jenkins OBE**
- **Vice President: Sandra Osborne SCM**
- **Vice President: Hugh Graham**
- **Vice President: Dr. Donald Rukare**
- **Regional Vice-President Asia: Chris Chan**
- **Regional Vice-President Africa: Colonel Botsang Tshenyego**
- **Regional Vice-President Caribbean: Ephraim Penn**
- **Regional Vice-President Europe: Helen Phillips MBE**
- **Regional Vice-President Oceania: Craig Phillips**
- **Athlete Representative: Brendan Williams**
- **Audit & Risk Committee Chair: Mary Hardy**
- **Medical Advisor: Dr. Peter Harcourt**



Chris Jenkins OBE

# ANOCA PROGRAMMES

## ANOCA Delegation evaluates OYDC Zambia | 15 February 2023

A delegation from the Association of National Olympic Committees of Africa (ANOCA) visited the OYDC Zambia - Sports Development Centre on Wednesday 15th February 2023 as part of their ongoing efforts to inspect, monitor, and evaluate sports facilities across African countries.

Hamdi Abdel Rahim, ANOCA Development Commission member and African Athletics Development Center Director, along with ANOCA Technical Director Ezero Tshabangu, conducted the assessment to assess the state of Zambia's leading multi-sport facility. This visit to Zambia followed their previous visit to South Africa and will be followed by visits to Egypt and Kenya.

The primary objective of the ANOCA delegation is to identify and recommend the best facilities in each country that contribute to the development of the African sports landscape. Rahim emphasized the importance of focusing on countries in need of more development while recognizing those that have already made significant progress.

## ANOCA Athletes' Forum | 11-12 March 2023

Richard Mulenga, Chairperson of the NOCZ Athletes' Commission, and Carol Moono, a Commission Member, represented Zambia at the ANOCA Athletes Forum held in Algiers, Algeria, on 11th and 12th March, 2023. The forum, organized by the Association of National Olympic Committees of Africa (ANOCA), in collaboration with Olympic Solidarity and the IOC Athletes' Department, aimed to establish a framework for implementing and monitoring support measures for African athletes.

The discussions culminated in an election process for athletes within African National Olympic Committees (NOCs). The African Athletes Forum serves as an important platform for mobilizing resources to provide support for athletes participating in major African and global sporting events, to keep the African Olympic flame burning across the world and preserve the integrity of the athletes.

## 2nd African Beach Games | 24-30 June 2023



Zambia joined the rest of Africa in Hammamet, Tunisia, for the Hammamet 2023 African Beach Games held from 24 to 30 June 2023.

Team Zambia's delegation, headed by Mutale Masala as Chef de Mission, consisted of 26 athletes from four disciplines, namely Teqball, Beach Volleyball, Air Badminton, and Beach Handball. As part of the 1,100 athletes from 53 nations, they competed in 30 events across 16 sports.

The Zambian Air Badminton Team bagged bronze medals in the Mixed Team Relay and Men's Triples events at the games, bringing home two bronze medals.

Following the successful staging of the 2023 edition, ANOCA President Mustapha Berraf and the President of the NOC (National Olympic Committee) of Equatorial Guinea, Alejandro Martin Owono Evuna, signed a hosting agreement witnessed by the Minister of Youth and Sport of the Republic of Equatorial Guinea on 19th December 2023.

The officially signed document sets out the terms and conditions for the organization of the 3rd African Beach Games in the city of Riaba, Equatorial Guinea, in 2027. It covers all aspects that should allow for a smooth organization that meets the standards of international sports events.

Zambia will look to build on the experience from the 2023 games to prepare for the upcoming games in 2027.

## NOCZ Signs Agreement for \$100,000 Funding from ANOCA | 28 June 2023



On the sidelines of the 2nd Edition of the African Beach Games in Hammamet, Tunisia, the National Olympic Committee of Zambia (NOCZ) achieved a significant milestone by partnering with ANOCA for the construction of the NOC House in Lusaka. This collaboration came after ANOCA approved a generous funding of \$100,000 for the NOC House Construction Project. The official signing ceremony took place in Hammamet, Tunisia, on Wednesday, June 28th, 2023.

According to the agreement between NOCZ and ANOCA, the National Olympic Committee must provide conclusive proof of land ownership on which the permanent structure, housing the NOC Headquarters, will be built. NOCZ is also responsible for obtaining a building permit from local authorities, following ANOCA's proposed model, which will be subject to approval by ANOCA.

During the signing ceremony, NOCZ President Alfred Foloko was accompanied by esteemed officials, including Vice President Hazel Kennedy, Secretary General Boniface Kambikambi, and Mutale Masala, Team Zambia's Chef de Mission for the Hammamet 2023 African Beach Games. Their presence underscored the significance of this momentous occasion, as they joined ANOCA Officials led by President Dr. Mustafa Berraf in solidifying this collaborative endeavor.

## World Clean Up Day | 16 September 2023

The 2023 edition of the annual World Clean Up day was commemorated under the theme "Embodying Unity" on 16 September. NOCZ, in collaboration with various partners including OlympAfrica, Nemchem, Ladies of the Round Circle, Rotary Club, H&M Performance Contractor under Engineering, Apex, Rusangu University, the Waste Management

Unit of the City Council of Lusaka, and several media organizations, organized a noteworthy event in Lusaka which focused on cleaning up the environment and raising awareness about the importance of preserving our planet. National Federations such as the Handball Association of Zambia (HAZ) and Zambia Baseball & Softball Association (ZBSA) were also actively involved in the clean-up day.

Notably, the event had the honour of hosting Her Worship Chitangala, the Mayor of the City of Lusaka, as the Guest of Honour. Among the attendees were Rodrick Ndhlovu, NOCZ Board Member, who also chairs the Sport & Environment Commission of NOCZ and Mrs. Tinyiko Lucert Kamanga, the manager of OlympAfrica in addition to other secretariat staff.

## ANOCA Gender Equality Seminar | 2 to 3 October 2023

NOCZ Delegation led by President Alfred Foloko, Vice President Hazel Kennedy, and Gender Equity Sport Commission Chairperson Susanna Dakik attended the 2nd ANOCA Gender Equality Forum held from 2 to 3 October 2023, in Sal, Cape Verde.

The forum being held under the theme "From the Boardroom to the Playing Field", was aimed at bringing together key decision-makers within Africa's Olympic Movement to discuss how to guide sport organizations to become more gender-balanced in all aspects of their work attracted nearly 200 delegates including Presidents of African NOCs, International Olympic Committee (IOC) members, Olympic Solidarity representatives and Olympic champions.



## 40th ANOCA Seminar Secretary Generals Seminar: 4-5 November

ANOCA, organised the 40th Seminar for Secretary Generals of African NOCs from 4 to 5 November 2023 in Mombasa, Kenya.

The seminar was organised under the theme “Countdown arrangement to Paris 2024 Olympic Games”, with sub-themes focusing mainly on NOC roles and responsibilities, and OlympAfrica/OS programmes.

The seminar allowed ANOCA and the Paris 2024 Organizing Committee to highlight technical developments and arrangements to host the Olympic Movement under optimal conditions and ensure the Games are a global, popular festival. The meetings on financial management preceded the seminar.

NOCZ was represented by Board Member Daisy Kopolo and Accountant Chaelelwa Kazika. The opening ceremony was chaired by Kenya’s Cabinet Secretary for Youth Affairs, Sports and the Arts Ababu Namwamba, with 120 delegates including NOC Kenya President Paul Tergat, legendary Kipchoge Keino, ANOCA Secretary General Eng. Hashim, ANOCA Treasurer General Eng. Ahmed Abu Gumel representing ANOCA President Mustapha Berraf, and representatives of ANOCA member NOCs and organizations.

## NIF PROGRAMMES

### ZAMCOACH360 NGO Coach Developers Re-training | 20-21 March 2023



The ZAMCOACH360 NGO Coach Developers Re-training Seminar was held from 20-21 March 2023 in Lusaka. The seminar included practical sessions that involved a Coach Led dialogue between Coach Developers and Coaches, carefully observed by the facilitators.

The participants also had an opportunity to engage in a Safe Sport session during the seminar. This session provided invaluable insights into the significance of creating a safe and secure environment for athletes during coaching sessions.

The comprehensive list of participants included Annet Sonko and Major Botha from Response Network, Misozi Daka and Joshua Kayemba from Zambia Judo (Maheba Refugee Camp), Bertha Bessy Phiri and Febby Phiri from NOWSPAR, Dinah Mattakah and Charles Mulenga from Edusport Foundation, and Getrude Zimba and Aaron Mushindu from Sport In Action.

### Safe sport policy orientation | 10-11 May 2023



NOCZ took significant stride in ensuring the safety and well-being of athletes in the country following the Board approval of the implementation of the Safe Sport Policy, signalling a strong commitment to safeguarding. To support this initiative, the Safe Sport Office conducted an orientation programme for trained Safe Sport Single Points Of Contact (SPOCs) from affiliate national sports federations in Lusaka from 10-11 May 2023.

The primary objective of the orientation was to equip all SPOCs with the necessary knowledge and skills to effectively safeguard athletes from any form of abuse, harassment, or harm. In addition to the orientation, NOCZ conducted an assessment to evaluate the progress made by the SPOCs in implementing safeguarding measures within their respective federations.

The two-day orientation was led by NOCZ Safe Sport Officer Prudence Nswana with received support from the Safe Sport and Medical Commissions of NOCZ.

## Gender and Safeguarding in Sports Workshop | 28-29 July 2023

NOCZ in collaboration with the National Organisation for Women in Sport, Physical Activity, and Recreation (NOWSPAR), hosted a capacity-building workshop on gender and safeguarding in sports. Held from 28 to 29 July 2023, at OYDC Zambia - Sports Development Centre, the workshop witnessed enthusiastic participation from various affiliated National Federations and Sports NGOs, all coming together to champion a more inclusive and safe sporting environment.

Throughout the workshop, participants engaged in interactive sessions that delved into critical topics, such as Safeguarding and Gender Mainstreaming in sports, as well as practices related to safeguarding and gender.

46 participants from 25 NOCZ affiliate National Sports federations and NOWSPAR Partner organisations attended the Workshop.



## NIF partners meeting | 22-23 September 2023

The Norwegian Olympic and Paralympic Confederation of Sports also known as Norges idrettsforbund (NIF) hosted a two-day partners' meeting with various organizations from Malawi, Zambia, and Zimbabwe.

The meeting took place in Lusaka from the 22nd to the 23rd of September 2023 and included the National Olympic Committees of Malawi, Zambia, and Zimbabwe, the African Union Sports Council (AUSC) Region 5, the Judo Association of Zambia, NOWSPAR, and Response Network, Sport In Action (SIA) and EduSport Foundation among others.

The partner meeting was also an opportunity to welcome a new country, Malawi, to the partner family.

The meeting marked the first time that all partners gathered in one place after NIF signed new five-year agreements with various partners operating in the three countries and across the region.



## Inclusive Sports Festival Thrives Across Three Locations | 26-30 September 2024



The annual NIF Partners Inclusive sports festival was for the first time held in three different locations reaching close to 1000 participants. Maheba Refugee settlement Camp in Solwezi, Northern-Western Province unfolding the first of the three-part 2023 festival with activities on Saturday 26 September 2023.

The festival was celebrated under the theme “Unity in Diversity: Celebrating inclusivity and environmental sustainability,” stressing the importance of environmental conservation and sustainability as a responsibility for all.

Livingstone’s celebrations were Response Network attracting over 300 participants, including children with disabilities on Saturday 28th September 2023. The final part of the three-part capped off in Lusaka at Bank of Zambia Sports Complex with over 400 participants on Saturday 29th September 2023



## Coach Developers Special edition training | 4-6 October 2023



NOCZ, through ZamCoach360 in partnership with the Norwegian Olympic and Paralympic Committee and Confederation of Sport (NIF), hosted a training for a new cohort of Coach Developers from 4 to 6 October 2023 in Lusaka. This training focused on empowering coach developers who support individuals guiding vulnerable groups in sports.

Eleven candidates were selected from organizations dedicated to these special groups, namely Special Olympics Zambia, Response Network, EduSport Foundation, NOWSPAR and Sport In Action.

Together with the facilitating team led by the International Council for Coaching Excellence (ICCE) trained Coach Developers Pelle Kvasuld and Mwape Konsolo, they explored globally recognized Coach Developer frameworks, engaging with the latest research and best practices.

## NIF & NORAD visit NOCZ | 20 November 2023



NOCZ welcomed a delegation from the Norwegian Olympic and Paralympic Committee and Confederation of Sports (NIF) and the Norwegian Agency for Development Cooperation (NORAD) to its Secretariat at the OlympAfrica Centre in Lusaka on 20 November 2023.

NOCZ President Alfred Foloko, accompanied by Secretary General Boniface Kambikambi and

some staff members, welcomed the nine-member delegation led by NIF Secretary General Nils Eina Aas.

The delegation members, including NIF's Frida Blomgren, Rune Arctander, Susanne B. Hvidsten, Marianne Haugh, Hilde Værda, Synnøve Aasland, and Anja Wilhelmsen along with NIF Consultant Nchimunya Mweetwa, toured the OlympAfrica Centre to observe various sports activities. They then proceeded to OYDC Zambia – Sports Development Centre, where they participated in a safeguarding session and toured the facilities.



## OLYMPAFRICA PROGRAMMES

### Learn to play session | 13 March 2023



NOCZ joined forces with the OlympAfrica Centre in Lusaka to host a Learn To Play session for children under the age of 15. Held on Monday, 13 March, 2023, at

the OlympAfrica Centre, the event drew 78 participants from the local community. The session featured Boxing, Judo, and Baseball 5, with instruction provided by accomplished Zambian athletes who excel in their respective sports.

The occasion was a part of the National Youth Day celebrations, which coincided with the 2023 Commonwealth Day festivities. It presented a fantastic opportunity for children to acquire new skills, engage in physical activity, and celebrate the significance of youth in the community.

## O!YES sustainability workshop | March 2023

In March 2023, the OlympAfrica Centre in Lusaka hosted a series of sustainability workshops and themed activities.

The first part consisted of a walk through the OlympAfrica Centre to collect plastic, glass and other kinds of materials with the aim of showing the participants how much rubbish there is in their local environment. The activity was made more fun by making the litter picking a game component. Teams five or more people could compete to collect the most waste and sort it for recycling.

The main purpose of this part was to collect as much waste as possible to spread awareness of the huge quantity of waste in the environment.

There after the educators lead a discussion on the importance of recycling in order to increase the children's knowledge of the topic before continuing with the next activity.

This activity consisted of presenting what sports equipment the children had designed and created using some of the waste collected during the week.

The final part of the workshop involved practicing a fun physical activity together. The participants were divided into groups. Using the equipment, they designed and created from recycled materials, each group prepared a physical activity for the other groups.

At the end of the activity, prizes were, best performance in sports activities, most organized group, best design of recycled material and most collection of materials.



## OlympAfrica receives Donation | 27 May 2023



Lusaka Fitness Squad and Tug Rugby Trust made a significant donation to the OlympAfrica Centre in Lusaka on Saturday, 27th May 2023. This generous act has sparked excitement and hope for a healthier Zambia, while setting the stage for an inspiring partnership that aims to create positive change in the community.

The donation made by Lusaka Fitness Squad and Tug Rugby Trust included books to revamp the OlympAfrica Library, providing children who visit the centre with valuable resources and opportunities for education and personal growth. Additionally, the OlympAfrica Centre received training shoes and financial support.

## OlympAfrica Network Meeting: 13-17 May 2023

OlympAfrica Centre in Lusaka Director Tinyiko Kamanga was among 13 other Managers from across Africa who attended the OlympAfrica Directors Network Meeting held in Abidjan, Ivory Coast from 13 – 17 May 2023.

The Network Meeting is held every two years to review regional activities within all the OlympAfrica Centres. This meeting allows collaboration of all directors invited and initiates the exchange of various feasible ideas. The meeting in Abidjan incorporated the O!Yes and Baseball5 Training that is conducted by guests from the IOC and this time also included the Baseball5 Re-fresher Course from World Baseball and Softball Federation.

The meeting provides a good platform to review all activities that are in the OlympAfrica centres, a space that offers room to share knowledge and see what activities can be duplicated in other centres. Overall, the meeting gave insights and emphasis on monitoring and evaluation that gives feedback on the impact that OlympAfrica plans have on community.



## OlympAfrica Training in Fish Smoking

### Process | 11-17 June 2023

Social inclusion, in the form of leaving no one behind, was the theme of this session which is also at the heart of the Sustainable Development Goals, based in the concepts of equality (“the imperative of moving towards substantive equality of opportunity and outcomes for all groups”), non-discrimination, and the broader concept of equity, or “fairness in the distribution of costs, benefits and opportunities.”

Job-related skills are essential for the performance of all individuals in the labour market. An adequate skill set means having both the level and the types of skills needed to perform the tasks that are demanded in the labour market. In a rapidly transforming world of work, having adequate skills requires continuous skill investments.

The sessions proceeded as follows:

- Theory sessions on entrepreneurship that included, marketing, costing and product packaging.
- The second part of the part of the session was the practical session on how to prepare the fish and chicken and eventually using basic equipment like a brazier, wire mesh, charcoal and saw dust in smoking the chickens.

21 participants including OlympAfrica volunteers, Parents, Coaches and Young Leaders took part in the entrepreneurship training.

### O! Yes Reverse integration Inclusive Session | 17 June 2023



An inclusion workshop, the Learn to Play Special Edition, where able-bodied hockey players and para badminton athletes came together to learn from each other's sports was hosted on Saturday, 17th June 2023, brought together 36 athletes and athlete support personnel who demonstrated unwavering passion and creativity throughout the day.

One of the key aspects of the workshop was the Olympic Value Education Programme (OVEP) session, where athletes shared their personal experiences and how the Olympic Values helped them overcome challenges.

### Delegation from OlympAfrica visits Zambia: 10-15 November 2023



A delegation from the OlympAfrica International Foundation was in Zambia for a visit to the OlympAfrica Centre, located in the Chipata Mandevu area. They met with NOCZ President Alfred Foloko, on 10 November 2023.

The delegation comprised Foundation Programme Manager Ndiaye Yaye Sall and Technical Assistant Rosilin Bock from the German Cooperation.

Foloko wished the delegation a fruitful visit during their time in Zambia. Also present during the meeting were Daisy Kopolo, Chairperson of the NOCZ Marketing and Finance Commission, and Tinyiko Kamanga Noombo, OlympAfrica Centre Director.

During their five-day visit, the delegation met with volunteers, teachers, coaches, children, and parents. They visited various schools collaborating with the centre.



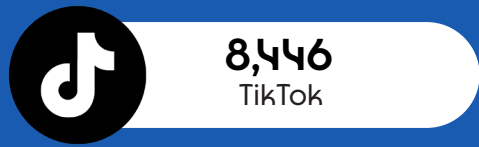
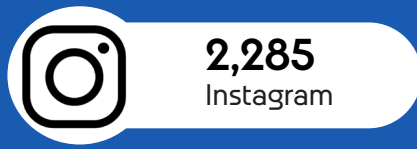
# BRAND VISIBILITY

NOCZ is dedicated to enhancing its brand visibility across six major digital media platforms: **Facebook, Twitter, TikTok, Instagram, LinkedIn, and YouTube**. Alongside its website, these platforms are being leveraged to amplify the organization’s brand awareness locally and globally, aligning with the NOCZ 2022-2028 Strategic Plan.

The committee is committed to fortifying and expanding its presence on these existing digital channels to achieve its strategic goals. In 2023, NOCZ meticulously monitored its brand visibility performance, yielding positive results. The organization successfully broadened its reach and engagement across social media, witnessing a considerable surge in followers and likes. NOCZ strategically employed various digital marketing campaigns and initiatives to promote its mission and values, resulting in improved brand recognition.

Moving forward, NOCZ will continue to prioritize its brand visibility efforts as a critical component of achieving its strategic objectives, maintaining a strong online presence, and fostering increased awareness and engagement with its target audiences.

## 2023 in Numbers



**1,227,290**

Highest Reach for a single post on Facebook

**2,854**

Most Comments on a single post on Facebook

**1,465**

Highest number of times a single post was shared on Facebook

**120,897**

Highest number of views of a video on Tiktok

**31,184**

Highest number of views of a video on YouTube

**59.6%**

Percentage of Instagram followers based in Zambia

**8,200,956\*** Impressions across our digital media platforms

\*Statistics generated from insights and analytics tools on Facebook, Twitter, Instagram, LinkedIn, YouTube and Wix website manager.

Looking forward to 2024, NOCZ’s social media platforms will prioritize athlete-centered content that fosters quality engagement and builds relationships with followers and fans. We believe that this approach will result in sustainable social media growth and align with our overall goals and objectives. By showcasing and celebrating Zambian athletes, we aim to cultivate a deeper connection with our audience, ultimately amplifying our brand visibility and resonance.

# FINANCIAL STATEMENT



## REPORT OF THE INDEPENDENT AUDITORS

### TO THE MEMBERS OF NATIONAL OLYMPIC COMMITTEE OF ZAMBIA

#### Opinion

We have audited the financial statements of **National Olympic Committee of Zambia** ("the Organisation"), which comprise the statement of financial position as at **31 December 2023**, and the statement of profit or loss and other comprehensive income, statement of changes in accumulated funds and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements give a true and fair view of the financial position of the Organisation as at **31 December 2023**, and of its financial performance and cash flows for the year then ended in accordance with Generally Acceptable Accounting Principals (GAAP) and the requirements of the Societies Act of Zambia.

#### Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organisation in accordance with the International Ethics Standards Board for Accountants' code of ethics for Professional Accountants (IESBA Code) that are relevant to our audit of the financial statements, and we have fulfilled our other responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Board members' responsibilities for the financial statements

The Board Members are responsible for the preparation of the financial statements in accordance with the Generally Acceptable Accounting Principals (GAAP), and for such internal control as the Board Members determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Board Members are responsible for assessing the Organisation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board Members either intend to liquidate the Organisation or to cease operations, or have no realistic alternative but to do so.

Board Members are responsible for overseeing the Organisation's financial reporting process.

#### Auditor's responsibilities for the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

#### THE GLOBAL ADVISORY AND ACCOUNTING NETWORK

2nd Floor Satumia House, Plot 6392 Dunduza Chisidza Crescent, Longacres, Lusaka, Zambia.

(Telephone: +260 955 336 060. 📱 Mobile: +260 978 980558 ✉ E-mail: [lillian@hlab.co.zm](mailto:lillian@hlab.co.zm) [info@hlab.co.zm](mailto:info@hlab.co.zm) [shuko@hlab.co.zm](mailto:shuko@hlab.co.zm) Website: <http://www.hlabi.com>

HLB Zambia is an independent member of HLB International the global advisory and accounting network.

**NATIONAL OLYMPIC COMMITTEE OF ZAMBIA (NOCZ)**  
**STATEMENT OF INCOME AND EXPENDITURE**  
for the year ended 31 December 2023

	NOTES	2023 K	2022 K
<b>INCOME</b>			
Grant income	Sch I	11,368,749	13,145,008
Capital grant	Sch I	3,564,726	3,564,726
Exchange (loss)/gain	Sch II	388,858	(74,917)
Other income	Sch I	156,253	88,922
<b>Total income</b>		<b>15,478,586</b>	<b>16,723,739</b>
<b>EXPENDITURE</b>			
<i>Core operating cost</i>			
Depreciation	Sch II	(3,853,228)	(3,970,354)
Employee cost	Sch II	(867,232)	(963,172)
Operating costs	Sch II	(1,437,719)	(1,455,913)
Amortisation	Sch II	(3,564)	(3,564)
		<b>(6,161,743)</b>	<b>(6,393,003)</b>
<i>Specific Project Expenditure</i>			
International Olympic Committee	Sch II	(7,687,080)	(4,905,656)
Commonwealth Games	Sch II	(950,093)	(5,273,681)
Norwegian Olympics & Paralympic Committee & Confederation of Sports Federation (NIF)	Sch II	(734,815)	(1,126,371)
Anti-doping Control Officers Training	Sch II	(22,197)	(4,749)
		<b>(9,394,184)</b>	<b>(11,310,458)</b>
<b>Total expenditure</b>		<b>(15,555,927)</b>	<b>(17,703,461)</b>
<b>Deficit for the year</b>		<b>(77,341)</b>	<b>(979,722)</b>

\*The above information has been extracted from the audited financial statements for the year 2023.

# CONCLUSION

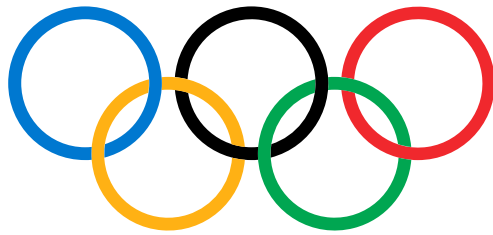
This report highlights the significant achievements we have accomplished through collaborative efforts and an unwavering commitment to strengthening the role of sports in society. The initiatives and programmes outlined demonstrate the power of dedication, hard work, and strategic partnerships.

Throughout 2023, NOCZ successfully organized various events, workshops, and provided vital resources and support to athletes, coaches, and affiliate federations/associations. These efforts have contributed substantially to the growth and development of sports in Zambia. Additionally, NOCZ has made notable strides in enhancing its digital presence, increasing brand visibility both locally and internationally.

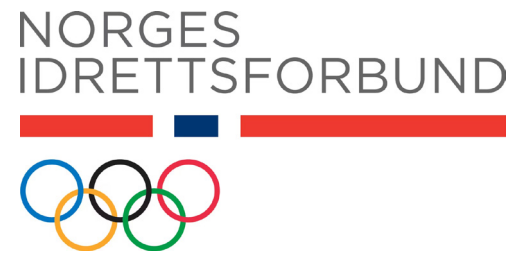
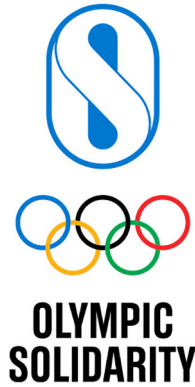
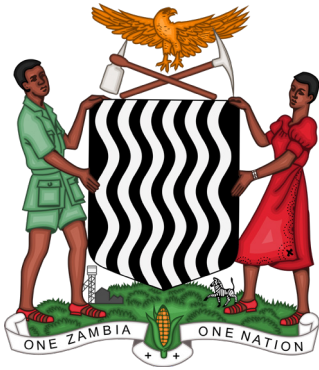
The achievements outlined in this report are a testament to the collective hard work and dedication of NOCZ's executive board, secretariat, athletes, coaches, volunteers, and partners. The support from the government, sponsors, and the general public has been instrumental in realizing these goals.

Moving into 2024, NOCZ remains steadfast in its commitment to advancing sports in Zambia. The organization looks forward to exploring new opportunities for collaboration, innovation, and creating a lasting positive impact on communities through the power of sports.

# OUR PARTNERS



International  
Olympic  
Committee



We are deeply grateful for your steadfast support and partnership over the years. It has been an honour to collaborate with you, and we look forward to strengthening our relationship and exploring new opportunities for mutually beneficial endeavours in 2024 and beyond.

# THE YEAR IN PICTURES





commonwealth  
games  
ZAMBIA





# THE YEAR IN PICTURES

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